



Biomed Book Club

Megan Phillips and Marta Holowina

The Biomedicine society launched its very own book club! If you're not already a member, it's never too late to join. When you join the Biomedicine society, you'll be added to our Microsoft Teams page, where you will see all the updates about events!

Every month we will read and discuss a new book! This is a great chance to explore new ideas, ways of writing, and read books you might not have read otherwise. We might discuss controversial topics such as ethics and express our individual opinions. Being a student is a stressful experience (as we are sure you'll know!) so reading is a great chance to have some much-needed downtime and lose yourself in a book! These fun and informal sessions are the perfect opportunity for you to meet like-minded people and explore exciting new books!

Our next book club meeting will be held via Microsoft Teams to discuss *Being Mortal* by Atul Gawande. Keep up with our MS Teams page to find out the date of the meeting!

The book addresses end-of-life care, hospice care, and also contains Gawande's reflections and personal stories. *Being Mortal* reveals the suffering this dynamic has produced. Nursing homes, devoted above all to safety, battle with residents over the food they are allowed to eat and the choices they are allowed to make. Doctors, uncomfortable discussing patients' anxieties about death, fall back on false hopes and treatments that are actually shortening lives instead of improving them.

"The ultimate goal is not a good death but a good life – all the way to the very end."

Suppose you haven't already joined the Biomed soc. In that case, you can do this by going onto the student union website, searching for 'Biomed society' and filling out your membership form! Once you're part of the Biomed Society, you will be able to access these monthly meetings. Get ready for some discussion, debate and reflection! We hope to see you soon!