





## **Biomed Book Club**

Megan Phillips and Marta Holowina

The BioMed Society have launched their very own book club, and we'd love you to get involved! We're looking for students of all literary abilities to join us.

Every month you will be tasked with reading a thought-provoking, general interest book to discuss at the next group meeting, where we will explore new ideas, themes, and ways of thinking. Six exciting book titles with varied themes have been selected – these can be found on the club flyer.

We hope that by joining our club, we can create a fun community for everyone to get involved in!

The club is open to members of the Biomed Society. If you haven't already joined the society, you can do this by searching for 'Biomed Society' on the Student Union website, and completing a membership form. Once you're part of the society you will be added to the Microsoft Teams group, where you will be able to access our video meetings and group chat.



Our first meeting

Last month, the book club discussed 'When Breath Becomes Air' by Paul Kalanithi. We talked about the pressures of medicine, whether life begins at conception and what is truly valuable in life and death.

Our Next book title is 'Just F\*\*\*ing do it', by Noor Hibbert. This book focuses on true personal development using an approach which combines psychological rigour and spiritual power. It will show you how to stop thinking small, make positive changes and live the life you deserve.

Our next group meeting will be held mid-February 2021 via Microsoft Teams. Get ready for some discussion, debate and reflection! We hope to see you soon!